



THE ABOUT PODCAST | EPISODE 54

Building a Life Worth Remembering

Why investing in experiences can be just as valuable as investing for the future

Financial planning is often associated with saving, investing, and preparing for retirement. But what if the real purpose of a financial plan is to create the freedom to live a life filled with meaningful experiences?

EPISODE SUMMARY

In this episode, Roy Huckle and Jeremy Scott welcome back Sandy McMillen, founder of Andaggio Destinations, to explore why investing in memories can be just as valuable as investing for the future. Together, they discuss solo travel, group adventures, navigating life's transitions, and why waiting for the "perfect time" may mean missing opportunities to create lasting memories.

Whether you're planning your next vacation, entering retirement, or simply looking for inspiration to make the most of life's next chapter, this conversation offers practical insights on living intentionally.

KEY TOPICS & TAKEAWAYS

- Financial planning should support the life you want to live, not just your retirement account.
- Travel creates lasting memories that often become life's greatest investments.
- Solo travelers don't have to travel alone: group travel offers connection, community, and shared experiences.
- Major life transitions don't have to mean putting your dreams on hold.
- Shared experiences often lead to lifelong friendships and meaningful connections.
- The best financial plans create the freedom to enjoy the experiences that matter most.

TIMESTAMPS

- 0:00** Welcome back to Sandy McMillen and why "investing in memories" is worth revisiting
- 1:15** Solo travel versus traveling with a group
- 5:00** Roy's experiences traveling solo and why group travel changed his perspective
- 10:30** How Sandy built travel groups that create lasting friendships
- 15:00** Why group travel offers flexibility, connection, and peace of mind
- 21:30** Investing in experiences during life's major transitions
- 26:00** Overcoming barriers to solo travel, including cost and confidence
- 31:00** Why waiting for the "perfect time" often means missing meaningful opportunities
- 36:00** Final thoughts on building a life worth remembering

RESOURCES & LINKS

- [Sandy McMillen](#)
Founder of Andaggio Destinations, featured in this episode
- [Andaggio Destinations](#)
Guest company: curated group travel experiences
- [Listen to the full episode \(Audio\)](#)
- [Watch on YouTube](#)

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